

Vira I. Heinz Program for Women in Global Leadership

Experience Report

Name:

University/College:

Cohort Year:

Study Abroad Country:

Study Abroad Program:

Study Abroad Program Start & End Dates:

Heinz Programming Area:

Five Short Answer Questions-Each question should be answered in 250-350 words.

1. Discuss your experience as a woman in a foreign country. What were some of the cultural differences? How did you handle them?

2. What did you learn about the world in general? What did you learn about being an American? Feel free to use a cultural incident that either occurred to you or which you observed as a way to answer these questions.

3. What is the relationship between your major, your Heinz Programming Area, and your international experience? How will your international experience help you to achieve your career goals and/or serve as a springboard for future leadership opportunities such as your CEE?

4. Did you have any epiphanies?(This question is optional)

Third Person Paragraph:

Cultural Matrix Handout

Individualism / Collectivism

<i>American Views</i>	<i>Host Country Views</i>
<p>If you don't take care of it yourself, nobody else will.</p> <p>It's important to know who you are, what you want out of life, and to be true to yourself. No one else can do that for you.</p>	

Equality / Hierarchy

<i>American Views</i>	<i>Host Country Views</i>
<p>We are all equal under the law.</p> <p>People should all have the same opportunities for success.</p>	

Monochronic Time / Polychronic Time

<i>American Views</i>	<i>Host Country Views</i>
<p>Time is of the essence. Every second counts.</p> <p>One thing at a time.</p>	

Meritocracy / Ascription

<i>American Views</i>	<i>Host Country Views</i>
<p>It's not who you are, it's what you do.</p> <p>Actions speak louder than words.</p>	

Activity / People

<i>American Views</i>	<i>Host Country Views</i>
Taking action is more important than just talking about it. You feel like you should be doing something on the weekends rather than just relaxing.	

Changes / Stability

<i>American Views</i>	<i>Host Country Views</i>
You can always pick up, move, and start over somewhere else. It is important to reinvent yourself.	

Personal Efficacy / Fate

<i>American Views</i>	<i>Host Country Views</i>
Success is due to hard work and talent, more than luck. You are responsible for your successes or failures.	

Directness / Indirectness

<i>American Views</i>	<i>Host Country Views</i>
Being direct is equated with telling the truth.	

Personal Development Goals & Action Plans

Cognitive Goal: Analyze the impact of literacy programs in Venezuela on gender equality.

Action Plan 1: Attend literacy workshops run by local & international volunteers and conduct a comparative analysis on different methodologies and curriculum.

Action Plan 2: Volunteer with an NGO as a literacy teacher.

Action Plan 3: Interview teachers and/or administrators in the literacy program.

Interpersonal Goal: Examine how Salvadorans perceive U.S.'s motives in promoting 'Democracy' abroad with respect to the privatization of water.

Action Plan 1: Interview NGO's in El Salvador receiving funding from USAID about the impact of democracy promotion.

Action Plan 2: Go into the communities & talk with women about the impact of privatizing water on their lives.

Action Plan 3: Speak with a Salvadoran political scientist about democracy promotion.

Intrapersonal Goal: Understand Mexican Women's Mentality towards Machismo

Action Plan 1: Work in a battered women's shelter in Chihuahua.

Action Plan 2: Participate in a women's club.

Action Plan 3: Keep a journal on your observations of your homestay.

Goal:

Action Plan:

Goal:

Action Plan:

Goal:

Action Plan:

Category	Budgeted	Spent
Round Trip Airfare		
In-Country Transportation		
Cost of Program		
Housing		
Meals		
Books		
Passport/Visa		
Other Expenses		
Total		